

ALL INFORMATION INCLUDED BELOW IS CORRECT AS AT THE TIME THAT OUR BROCHURE WENT TO PRESS BUT PLEASE BE AWARE THAT IN THE EVENT THAT A SUBSTITUTION IS MADE, THIS NUTRITIONAL AND ALLERGEN SUMMARY MAY NOT REFLECT THE TRUE CONTENTS OF THE GIFT.

IF YOU HAVE ANY CONCERNS IN RELATION TO ALLERGENS OR ANY OTHER DIETARY REQUIREMENTS, PLEASE CONTACT US PRIOR TO PURCHASE.

Bristows of Devon Clotted Cream Fudge 150g



Nutrition Information

	Per 100g	Per sweet (10g)
Energy	1880kJ/447kcal	188kJ/45kcal
Fat	14.0g	1.4g
of which saturates	7.4g	0.7g
Carbohydrate	78.2g	7.8g
of which sugars	77.4g	7.7g
Protein	2.0g	0.2g
Salt	0.47g	Trace

Reference intakes for an average adult (8400kJ/2000kcal)

	Reference intake	Per sweet (approx 10g)	% reference intake
Calories	2000 kcal	45kcal	2%
Fat	70g	1.4g	2%
of which saturates	20g	0.7g	4%
Sugars	90g	7.7g	9%
Salt	6g	Trace	<1%

VH Code 1015207

Duerrs Sunny Seville Fine Cut Marmalade 340g



FINE CUT ORANGE MARMALADE

INGREDIENTS: Sugar, Oranges, Acidity Regulators: Citric Acid, Sodium Citrates, Gelling Agent: Pectins, Sweet Orange Oil, Tangerine Oil.
Prepared with 35g of fruit per 100g. Total sugar content 63g per 100g

NUTRITIONAL INFORMATION
Typical Values Per 100g

Energy	1232kJ/290kcal	Best before end: See cap
Fat	0.1g	L4612
- of which saturates	0.0g	
Carbohydrates	69.5g	
- of which sugars	64.6g	
Fibre	4.1g	
Protein	0.6g	
Salt	0.06g	

STORAGE Store in a cool, dry place.
Once opened keep refrigerated and consume within 6 weeks.

JAR Widely Recycled

CAP Widely Recycled

Proud of where we come from, excited about where we're going.

Meet the Artist

Label Art by: **Greg Meade**

Find out more at: www.duerrs.co.uk

@duerrs1881

Vegetarian & Vegan Friendly

Gluten Free Suitable for coeliacs

F. DUERR & SONS LTD.

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VH Code 1014937

Duerr's Strawberry Jam 454g



SEEDLESS STRAWBERRY JAM

INGREDIENTS:
Glucose-Fructose Syrup, Strawberries, Sugar,
Gelling Agent: Pectins, Acidity Regulators:
Sodium Citrates, Citric Acid.

Prepared with 35g of fruit per 100g.
Total sugar content 64g per 100g.

NUTRITIONAL INFORMATION
Typical Values Per 100g

Energy	1105kJ/260kcal
Fat	0.1g
- of which saturates	0.0g
Carbohydrates	64.6g
- of which sugars	57.7g
Fibre	0.7g
Protein	0.2g
Salt	0.23g

Best before end: See cap

L4680

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STORAGE

Store in a cool, dry place. Once opened keep refrigerated and consume within 6 weeks.



**Vegetarian
& Vegan Friendly**



Gluten Free Suitable
for coeliacs






JAR Widely Recycled

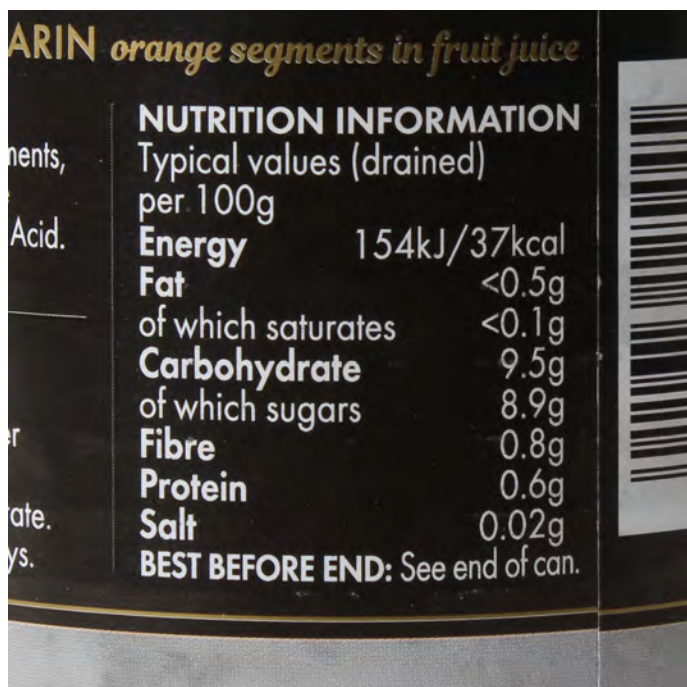


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Epicure Mandarin Orange Segments in Juice 298g



MANDARIN orange segments in fruit juice

NUTRITION INFORMATION

Typical values (drained)
per 100g

Energy	154kJ/37kcal
Fat	<0.5g
of which saturates	<0.1g
Carbohydrate	9.5g
of which sugars	8.9g
Fibre	0.8g
Protein	0.6g
Salt	0.02g

BEST BEFORE END: See end of can.

VH Code 1015208

Fray Bentos Just Chicken 425g



JUST CHICKEN PIE
Chicken pie topped with puff pastry

HOW TO USE

1 OPEN Remove lid using a robust can opener, we highly recommend both the Brabantia Essential Line and OXO Good Grips openers. Place opened can on a baking tray...

2 COOK Place in a preheated oven (450°F/230°C/ Gas mark 8). Bake for **25-30 minutes** or until crust has risen and golden brown. For Fan Assisted Ovens: Follow manufacturer's guidelines for temperature and cooking time. Ensure product is piping hot before serving.

NUTRITIONAL INFO

Typical Values (as sold)	per 100g	per 1/2 pie (212.5g)
Energy	546kJ / 226kcal	1160kJ / 490kcal
Fat	8.0g	17.0g
of which saturates	3.9g	8.3g
Carbohydrate	14.9g	31.7g
of which sugars	0.0g	0.9g
Fibre	0.6g	1.3g
Protein	5.3g	11.3g
Salt	0.59g	1.25g

This pie contains 2 servings

WHY NOT TRY OUR...
MEATY PUDS
Available in 2 delicious flavours
Microwave in **3 mins!**

STREAK & KIDNEY and JUST STEAK!

INGREDIENTS
Water, Chicken (16%), Wheat Flour (Wheat Flour, Wheat Gluten, Calcium Carbonate, Iron, Niacin, Thiamin), Margarine (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier (Mono- and Diglycerides of Fatty Acids)), Modified Maize Starch, Chicken Stock (Chicken, Chicken Fat, Salt), Tomato Paste, Maize Starch (Maize Starch, Ascorbic Acid), Salt, Onion Powder, Barley Malt Extract, White Pepper, Natural Thyme Flavouring, Sage Extract.
For allergens, including cereals containing gluten, see ingredients in **bold**.
CAUTION: Although every effort is made to remove all bones, some may remain.

INFORMATION
STORAGE: Store in a cool, dry place.
BEST BEFORE END: See centre of can base.
QUALITY GUARANTEE
If you have any comments or require more information please contact: Fray Bentos Foods, Fochabers, Scotland, IV32 7LD.
Tel: 0800 389 8389

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UK METAL FOODS 425g e

45h

VH Code 1011944

Abbey Biscuits Handmade Chocolate Brownie Biscuits 150g



Ingredients: **Wheat** Flour (Calcium Carbonate, Iron, Nicotinamide, Vitamin B1), Sugar, Margarine (Vegetable Oils (Palm, Rapeseed), Water, Salt (2%), Emulsifier: Polyglycerol Esters of Fatty Acids, Colours: Curcumin, Annatto, Flavouring), Dried Coconut (Preservative: **Sulphur Dioxide**), 100% Wholegrain **Oatflakes**, Dark Chocolate Chips (Sugar 58.5%, Cocoa Mass 33%, Cocoa Butter 8%, Emulsifier: **Soya** Lecithin <1%, Natural Vanilla Flavouring <1%), Cocoa Powder (Cocoa Beans, Potassium Carbonate E501 (Acidity Regulator)), Sodium Bicarbonate, Salt, Partially Inverted Refiners Syrup, Water. Not suitable for **Nut** allergy sufferers due to manufacturing methods, may also contain traces of **Egg, Milk, Mustard, Oat, Sesame** and **Soya**. Suitable for Vegetarians.

For Allergen Information please see in **BOLD**

Nutritional Information

TYPICAL VALUES	PER 100g	PER BISCUIT 16.76g*
Energy	KJ 2140	356.66
	KCAL 512	85.3
Total Fats (g)	26.1g	4.35g
(of which saturates)	11.82g	1.97g
Carbohydrate	63.87g	10.64g
(of which sugars)	29.5g	4.91g
Protein	5.5g	0.91g
Sodium	0.358g	0.05g
Salt Equivalent	0.895g	0.149g
Fibre	<0.5g	<0.08g

*weight per biscuit is approx 16.76g

VH Code 007815

Ye Olde Oak Hot Dogs 400g



INGREDIENTS
Hotdogs: Mechanically Separated Chicken (50%), Water, Pork Meat, Potato Starch, Chicken Skin, Beef Collagen Casing, Salt, Smoke Flavouring, Spices, Bay Leaves, Preservative (E250), Spice Extract.
Brine: Water.
May contain traces of Gluten, Milk, Egg, Celery, Soya and Mustard.

NUTRITIONAL INFORMATION

Typical Values (drained)	Per 100g	Per Hot Dog 23g
Energy	589 kJ/140 kcal	136 kJ/32 kcal
Fat	7.7 g	1.8 g
of which saturated	2.8 g	0.6 g
Carbohydrate	8.3 g	1.9 g
of which sugars	0.1 g	0.0 g
Protein	9.4 g	2.2 g
Salt	1.40 g	0.3 g

FOR BEST BEFORE END: SEE DATE ON CAN END
Produced in the EU

VH Code 1013848

Ye Olde Oak Ham 300g



VH Code 1014400

Market Town Bakery Sticky Ginger Cake 270g



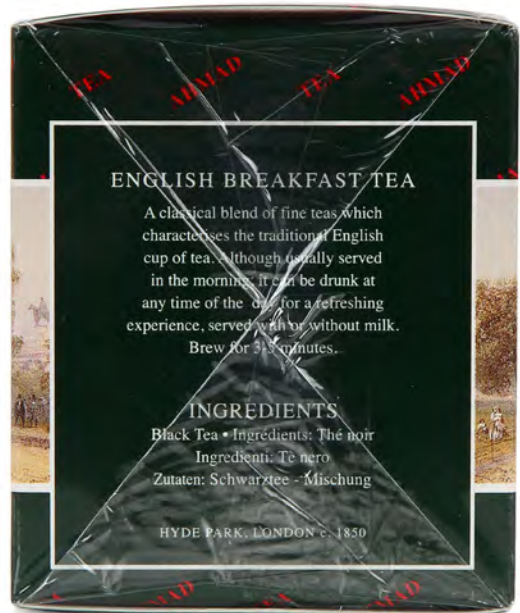
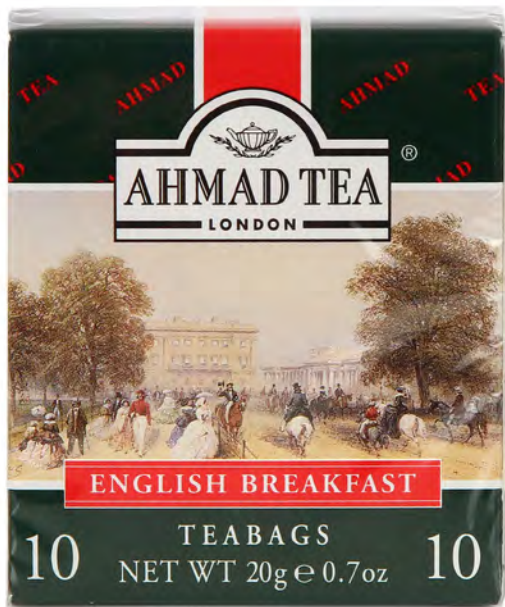
VH Code 1009221

Epicure Italian Chopped Tomatoes 400g



VH Code 10022

Ahmad Tea English Breakfast 10 Teabags 20g



VH Code 008481

Brown Bag Crisps Lightly Salted Crisps 150g



COLOURS, FLAVOURS OR PRESERVATIVES

GB LIGHTLY SALTED HAND-COOKED POTATO CRISPS.
INGREDIENTS: potatoes, sunflower oil, salt (1.2%) Suitable for vegetarians. Gluten free. Best before: see back of bag. Store in a cool, dry place away from direct sunlight. Packed in a protective atmosphere.

NUTRITION/NÄHRWERTANGABEN/VALOR NUTRICIONAL/INFORMAZIONI NUTRIZIONALI/
NÆRINGSINDHOLD/VOEDINGSWAARDE/INFORMATION NUTRITIONNELLE/NÄRING

Typical Analysis/Durchschnittlicher Nährwert/Análisis típico/Análisi típica/ Typisk ernæringsindhold/Typische Analyse/Analyse Typique/Typiska värden	Per 100g
Energy/Brennwert/Energia/Energja/Energi/Energie/Valeur énergétique/Energi	2149kJ/514Kcal
Fat/Fett/Grassi/Grassi/Fedt/Vet/Lipides/Fett of which saturated/davon gesättigte Fettsäuren/de las cuales saturadas/ di cui saturi/herunder mættede fedtsyrer/waarvan verzadigd/ dont acides gras saturés/varav mättade	28.8 2.3
Carbohydrate/Kohlenhydrate/Hidratos de carbono/Carboidrati/Kulhydrater/ Koolhydraten/Glucides/Kolhydrater of which sugars/davon zucker/de los cuales azúcares/di cui zuccheri/ herunder sukker/waarvan suikers/dont sucres/varav sockerarter	58.6 0.2
Fibre/Ballaststoffe/Fibra/Fibre/Fiber/Vezels/Fibres/Fiber	2.5
Protein/Eiweiß/Proteinas/Proteine/Protein/Eiwit/Protéines/Protein	5.1
Salt/Salz/Sal/Sale/Salt/Zout/Sel/Salt	1.2

HANDGEMACHTE KARTOFFEL CRISPS LIGHTLY SALTED

VH Code 002825

Matthew Walker Classic Christmas Pudding 100g



VH Code 1014623

Duerr's Classic Seville Thick Cut Marmalade 340g



THICK CUT ORANGE MARMALADE

INGREDIENTS: Sugar, Oranges, Acidity Regulators: Citric Acid, Sodium Citrates, Gelling Agent: Pectins, Colour: Plain Caramel, Bitter Orange Peel Extract, Bitter Orange Oil.
Prepared with 35g of fruit per 100g. Total sugar content 63g per 100g.

NUTRITIONAL INFORMATION

Typical Values Per 100g		Best before end:
Energy	1255kJ/296kcal	See cap
Fat	0.1g	L4613
- of which saturates	0.0g	
Carbohydrates	70.5g	
- of which sugars	65.0g	
Fibre	4.6g	
Protein	0.7g	
Salt	0.03g	

STORAGE Store in a cool, dry place. Once opened keep refrigerated and consume within 6 weeks.

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 **CAP Widely Recycled**



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VH Code 006707

Baxters Favourites Cream of Tomato Soup 400g



Cream of Tomato Soup

NUTRITION INFORMATION

TYPICAL VALUES (AS SOLD)	PER 100g	PER CAN
ENERGY	271kJ/65kcal	1084kJ/260kcal
FAT	2.7g	10.8g
of which saturates	1.1g	4.4g
CARBOHYDRATE	9.0g	36.0g
of which sugars	5.8g	23.2g
FIBRE	0.2g	0.8g
PROTEIN	1.0g	4.0g
SALT	0.67g	2.68g

Serves 1.

INGREDIENTS: Tomatoes (56%), Water, Sugar, Whole **Milk**, Modified Maize Starch, **Wheat Flour** (**Wheat Flour**, Calcium Carbonate, Niacin, Iron, Thiamin), Rapeseed Oil, Butter (**Milk**), Double Cream (**Milk**) (1%), Skimmed **Milk** Powder, Salt, Potato Starch, Acidity Regulator (Citric Acid), Onion Powder, White Pepper.

ALLERGY ADVICE: For allergens, including cereals containing gluten, see ingredients in **bold**.

*Per can. Aim for at least 5 different portions of fruit or veg a day.

Suitable for Vegetarians

VH Code 007227

Crunch Craving Chilli Rice Crackers 80g



ALLERGEN ADVICE:

For allergens, see ingredients in **bold**. May contain Nuts, Peanuts, Sesame Seeds, Cereals containing Gluten, Milk Products, Soya, Celery and Mustard.

STORAGE:

Store in a cool dry place away from direct sunlight. Once opened, store in an airtight container and consume within 3 days.

Packaged in a modified atmosphere.