

ALL INFORMATION INCLUDED BELOW IS CORRECT AS AT THE TIME THAT OUR BROCHURE WENT TO PRESS BUT PLEASE BE AWARE THAT IN THE EVENT THAT A SUBSTITUTION IS MADE, THIS NUTRITIONAL AND ALLERGEN SUMMARY MAY NOT REFLECT THE TRUE CONTENTS OF THE GIFT.

IF YOU HAVE ANY CONCERNS IN RELATION TO ALLERGENS OR ANY OTHER DIETARY REQUIREMENTS, PLEASE CONTACT US PRIOR TO PURCHASE.

VH Code 1010654

Chiltern Honey & Mustard Dressing 250g



mustard dressing

This well balanced sweet and creamy honey and mustard dressing is made with our Chiltern Cold pressed rapeseed oil, honey and wholegrain mustard and is a lighter alternative to mayonnaise. It's fabulous on your new potatoes.

INGREDIENTS

Chiltern cold pressed rapeseed oil (50%), honey (13%), cider vinegar, Chiltern mayonnaise (Chiltern rapeseed oil, **egg yolk**, Dijon **mustard** (water, **mustard** seed, spirit vinegar, salt, preservative: sodium hydrogen **sulphite**), cider vinegar, lemon juice from concentrate (preservative: potassium **metabisulphite**), sugar, water, salt, pepper), water, wholegrain **mustard** (4%)(mustard seed, water, white wine vinegar, spirit vinegar, sugar, **mustard** flour, salt, ground cinnamon, ground pimento, ground turmeric), salt, **mustard** powder, black pepper, natural garlic extract.

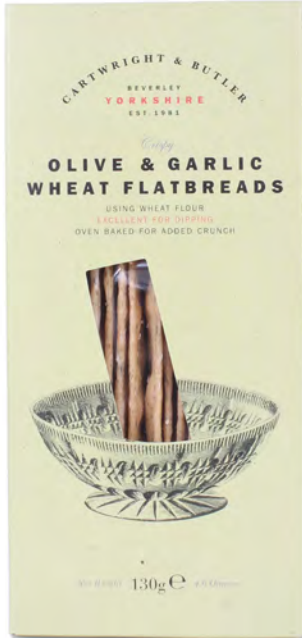
Allergy Advice: For allergens, see ingredients in **bold**

STORAGE
Store in a cool, dark place and once opened, refrigerate and use within 12 weeks

PREPARATION GUIDELINES
Shake well before use.

Nutritional Information	
Typical values per 100g	
Energy	2421kJ/587kcal
Fat	55.7g
of which	
saturates	4.7g
mono-unsaturates	32.0g
polyunsaturates	18.2g
Carbohydrate	11.2g
of which sugars	10.9g
Protein	1.0g
Salt	1.8g
Omega 3 fatty acids	5.7g/100g

Cartwright and Butler Olive and Garlic Wheat Flatbreads 130g



Wheat flour 44%, water, whole grain rye flour (gluten), rapeseed oil, oat flakes 4%, yeast, linseeds, sesame seeds, spices mix 1% (natural spices (garlic, onion, red bell pepper, thyme, chives, basil); flavouring), sliced olives 1% (black sliced olives, water, ferrous gluconate), sugar, sea salt.

For allergens, including cereals containing gluten, see ingredients in bold. May also contain traces of milk proteins, eggs, nuts (almonds & hazelnuts).

<i>Typical Values</i>	<i>Per 100g</i>	<i>Per serving 9g</i>
<i>Energy</i>	1751kJ	158kJ
<i>Calories</i>	417kcal	38kcal
<i>Fat</i>	12.1g	1.01g
<i>of which saturates</i>	2.9g	0.26g
<i>Carbohydrates</i>	58.6g	5.27g
<i>of which sugars</i>	5.8g	0.52g
<i>Fibre</i>	12.0g	1.08g
<i>Protein</i>	12.4g	1.12g
<i>Salt</i>	2.1g	0.19g

VH Code 003381

James White Apple and Elderflower Juice 75cl



Ingredients:

Pressed English apple juice (55%), water, sugar, extract of elderflower petals (2%) (water, elderflower petals (29%), citric acid), anti-oxidant: ascorbic acid - also known as Vitamin C - is added to stop the juice going dark brown.

Nutritional Information

Average quantity...	...per serving	...per 100ml
Servings per bottle: 3	Serving size: 25cl	
Energy	408kJ / 95kcal	163kJ / 38kcal
Fat	0.2g	0.1g
- of which saturates	0.1g	<0.1g
Carbohydrate	25.3g	10.1g
- of which sugars	24.3g	9.7g
Protein	<0.5g	<0.5g
Salt	0.03g	0.01g

Manufactured by James White Drinks Ltd

VH Code 1012960

Flaming Dorset Hand Roasted Coffee Perfect all Day Ground Coffee 227g



Tucked away deep in the heart of the South West, the expert team at Flaming Dorset Coffee work tirelessly to source the finest beans, craft the finest blends and roast the perfect coffee. We are passionate about great coffee and enjoy developing, testing and improving our products for our own personal enjoyment, which ultimately allows us to share our passion with our customers. We hope you find the same enjoyment from drinking this amazing coffee as we did creating it.


Omni Ground Coffee Whole Bean Coffee

"Perfectly crafted coffee"

"This coffee has been skilfully crafted by us and now deserves to be thoroughly enjoyed by you, in order to help ensure this is the case, we invite you to follow the brew guide enclosed to really get the very best from this exquisite range of coffees - we believe brewing the perfect coffee is both a ritual and an art - enjoy!"

Net **e** 227g

BEST BEFORE: See Base of Pack



VH Code 1010089

Ahmad Tea English Tea no-1 20 x teabags 40g



flavoured with bergamot. A delightful cup for all occasions. Balanced in aroma, colour and strength. Brew for 3-5 minutes.

INGREDIENTS

Black tea, light bergamot flavouring
Ingrédients: Thé noir, léger arôme de bergamote
Ingredienti: Tè nero, aroma leggero di bergamotto
Ingredientes: Tè negro, con un toque de aroma a bergamota • Ingredientes: Chá preto suave aroma bergamota • Zutaten: Schwarztee, Aroma
Ingredienser: Svart Te, lätt bergamott arom

Packed in England

Popcorn Shed Butterly Nuts Popcorn 90g



INGREDIENTS
Popped Corn (21.5%), Sugar, **Peanuts** (18.5%), Butter (contains **Milk**), Glucose Syrup, Golden Syrup, Rapeseed Oil, Salt. Emulsifier: **Soya** Lecithin. Raising agent: Bicarbonate of Soda.

For allergens please see ingredients in **bold**.

Suitable for Vegetarians.

Store in a cool, dry place. Once opened, re-seal bag to ensure freshness.

WARNING
May contain the occasional unpopped kernel. Made in a facility where Nuts are present. So delicious it's hard to share!

Best before see base

NUT
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NUTRITIONAL INFORMATION

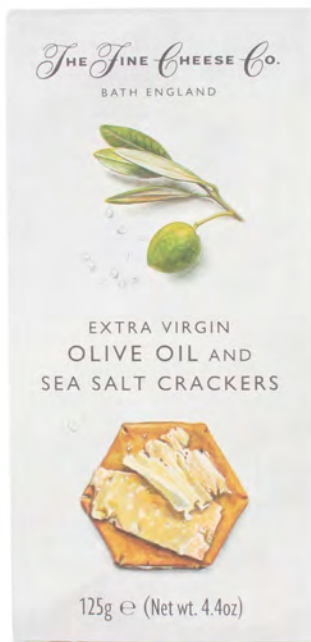
Typical Values per 100g

Energy	488kcal/2046KJ
Fat	22.4g
Of which saturates	6.5g
Carbohydrates	63.1g
Of which sugars	55.4g
Protein	6.6g
Salt	1.2g

Established in a shed in Great Britain.

VH Code 1014036

The Fine Cheese co Extra Virgin Olive Oil and Sea Salt Crackers 125g



EXTRA-VERGINE-OLIEFOLIE- EN ZEEZOUTCRACKERS Ingrediënten: **Tarwemeel**, Extra vergine olijfolie (11%), Geautolyseerde gist, Zeezout (5%), Rijsmiddel: Natriumbicarbonaat. **Niet geschikt voor mensen met een notenallergie.** Ten minste houdbaar tot einde: Zie onderzijde.

NUTRITIONAL INFORMATION		per 100g
Energy / Énergie / Valor Energético / Energie / Energia / Energi / Energi / Energie		1645 kJ / 390 kcal
Fat / Matières grasses / Grasas / Fett / Grassi / Fedt / Fett / Vetten		11.6 g
(of which) saturates / (dont) acides gras saturés / (de las cuales) ácidos grasos saturados / (davon) gesättigte Fettsäuren / (di cui) acidi grassi saturati / (heraf) mættede fedtsyrer / (Varav) Mättat fett / (waarvan) verzadigde vetzuren		1.7 g
Carbohydrates / Glúcides / Hidratos de carbono / Kohlenhydrate / Carboidrati / Kulhydrater / Kolhydrater / Koolhydraten		63.4 g
(of which) sugars / (dont) sucres / (de los cuales) azúcares / (davon) Zucker / (di cui) zuccheri / (heraf) sukkerarter / (varav) sockerarter / (waarvan) suikers		0.5 g
Protein / Protéines / Proteínas / Eiweiß / Proteine / Protein / Protein / Eiwitten		11.8 g
Salt / Sel / Sal / Salz / Sale / Salt / Salt / Zout		6.1 g

125g e (Net wt. 4.4oz)

Illustrations by Joël Penkman

PACKAGED IN A PROTECTIVE ATMOSPHERE
CONSUME WITHIN ONE WEEK OF OPENING
MADE IN ENGLAND

The Fine Cheese Co, 29 & 31 Walcot Street, Bath BA1 5BN www.finecheese.co.uk

EXTRA VIRGIN OLIVE OIL AND SEA SALT

CRACKERS FOR ARTISAN CHEESE

EXTRA VIRGIN OLIVE OIL AND SEA SALT CRACKERS Ingredients: **Wheat** flour, Extra virgin olive oil (11%), Autolysed yeast, Sea salt (5%), Raising agent: Sodium bicarbonate. **Not suitable for nut allergy sufferers.** Best before end: See base.

CRACKERS À L'HUILE D'OLIVE VIERGE EXTRA ET AU SEL DE MER Ingrédients: Farine de **blé**, Huile d'olive vierge extra (11%), Autolysat de levure, Sel de mer (5%), Poudre à lever: Bicarbonate de sodium. **Ne convient pas aux personnes souffrant d'allergies aux fruits à coques.** À consommer de préférence avant fin: Voir la base.

CRACKERS DE SAL MARINA Y ACEITE DE OLIVA VIRGEN EXTRA Ingredientes: Harina de **trigo**, Aceite de oliva virgen extra (11%), Autolizado de levadura, Sal marina (5%), Gasificante: Bicarbonato de sodio. **No apto para alérgicos a los frutos de cáscara.** Consumir preferentemente antes del fin de: Ver base.

CRACKER MIT NATIVEM OLIVENÖL UND MEERSALZ Zutaten: **Weizenmehl**, Natives Olivenöl (11%), Autolysiertes Hefeextrakt, Meersalz (5%), Backtriebmittel: Natriumbikarbonat. **Für Nussallergiker nicht geeignet.** Mindestens haltbar bis Ende: Siehe Boden.

CRACKERS ALL'OLIO EXTRA VERGINE DI OLIVA E SALE MARINO Ingredienti: Farina di **grano**, Olio extra vergine d'oliva (11%), Autolisato di lievito, Sale marino (5%), Agente lievitante: Bicarbonato di sodio. **Non adatto per chi soffre di allergia alla frutta a guscio.** Da consumarsi preferibilmente entro fine: Vedere la base.

KIKS MED EKSTRA JOMFRU OLIVENOLIE OG HAVSALT Ingredienser: **Hvedemeel**, Ekstra jomfru olivenolie (11%), Gærekstrakt, Havsalt (5%), Hævemiddel: Natriumbikarbonat. **Ikke egnet til nøddeallergikere.** Mindst holdbar til: Se bunden.

TINNA KEV MED EKSTRA JUMCEÐUOLU OG HAVSALT Ingredients: **Matameil**, Ekstra jumfruolivolía (11%),

VH Code 1013037

Reids Butterscotch Shortbread 150g



THE SCOTTISH
SHORTBREAD
COLLECTION

INGREDIENTS: **Wheat** flour (with calcium carbonate, iron, niacin, thiamin), Butter (**milk**, salt), Sugar, Butterscotch pieces (5%) (sugar, glucose syrup, vegetable fat (shea kernel, palm oil, emulsifiers (sunflower lecithin, **soya lecithin**)), unsalted butter (**milk**), water, **skimmed & condensed milk**, salt, sugar icing, natural flavouring), Cornflour.

INGRÉDIENTS: **Farine** de blé (avec du carbonate de calcium, fer, niacine, thiamine), beurre (**lait**, sel), Sucre, morceaux de caramel (5%) (sucre, sirop de glucose, graisse végétale (noyau de karité, huile de palme, émulsifiant (lécithine de tournesol, **lécithine de soja**), beurre non salé (**lait**), de l'eau, **de lait écrémé et lait concentré**, sel, sucre, arôme naturel), la farine.

Pour les allergènes, y compris les céréales contenant du gluten, voir ingrédients **en gras**. Peut également contenir des noix et graines de sésame.

ZUTATEN: **Weizen** Mehl (mit Calciumcarbonat, Eisen, Niacin, thiamin), Butter (**Milch**, Salz), Zucker, Karamell Stücke (5%) (Zucker, Glukosesirup, pflanzliches Fett (Shea kernel, Palmöl, Sonnenblumenöl

١٠٠٪ بروتين (6/7) فودجنا عذوقو، اجبوونا قووقو، ورتلس «شيبو» (32/4) ناسووننا، ناسووننا،
هظن ليركلا، زببخلا ووجبو.

NUTRITIONAL INFORMATION

Allergen advice:

For Allergens, including Cereals containing gluten, see ingredients in **bold**. May also contain Nuts and Sesame seeds.

Nutritional info:	per 100g
Energy:	2257 kJ / 540 kcal
Fat:	29.3g
as Saturates:	18.2g
Carbohydrates:	63.9g
as Sugars:	23.4g
Protein:	4.6g
Salt:	0.6g



Storage Instructions: Store in a cool, dry place. Once opened, keep in an airtight container.
Guarantee: If you are not satisfied with your purchase, please return the product and packaging stating where and when it was purchased.

5 060029 968786 > **150g e 5.3oz**

VH Code 007020

Olives et al Sunshine Rosemary and Garlic Olives 150g



Mixed Olives in Extra Virgin Olive Oil with Tomato, Garlic and Rosemary

Ingredients: Green Olives, Kalamata Olives (Olive Mix 58%), Extra Virgin Olive Oil 39%, Sun Dried Tomatoes, Garlic, Rosemary

Caution: Contains olive stones, may contain traces of nuts and seeds

Store: No need to chill. Just keep cool, with contents covered by oil

Typical Nutrition per drained 100g

Energy	kJ	811
	Kcal	197
Fat		19.7 g
- saturates		2.6 g
Carbohydrate		1.7 g
- sugars		0.1 g
Fibre		3.3 g
Protein		1.6 g
Salt		2.5 g

**Oliveered in Dorset, UK
by OLIVES ET AL DT10 2GA**

**T: 01258 474300
W: olivesetal.co.uk**

150g e

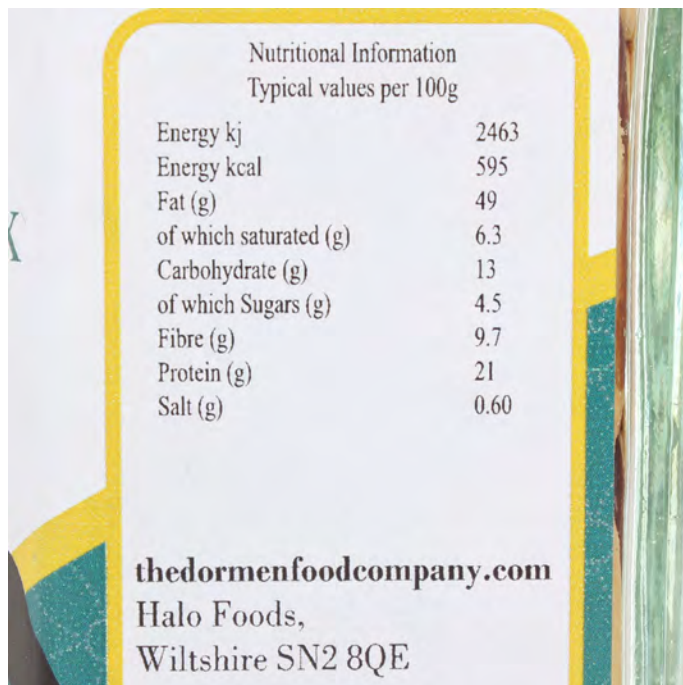
VH Code 002945

Claire's Handmade Old English Apple Chutney 200g



VH Code 005036

The Dormen Salted Nut Mix 100g



VH Code 007286

Linden Lady Handmade Luxury Florentines 125g



LINDEN LADY CHOCOLATES LTD
LUXURY FLORENTINES

Milk chocolate: sugar, cocoa butter, whole **MILK** powder, cocoa mass, emulsifier: **SOYA** lecithin, flavour vanilla. Min cocoa solids 30%, **MILK** solids 20%. Plain chocolate: cocoa mass, sugar, fat reduced cocoa powder, emulsifier, **SOYA** lecithin, flavour vanilla. Cocoa solids 70%min. White Chocolate: Sugar, cocoa butter, whole **MILK** powder, emulsifier; **SOYA** lecithin, flavour vanilla. **PECANS, ALMONDS**, Cranberries, Pumpkin seeds

GLUTEN FREE

125GE

B/B 24/04/19



For allergens please see ingredients in **BOLD**
PRODUCED IN A NUT ENVIRONMENT

Walnut Tree Farm, Copford, Colchester, Essex, CO6 1DR 01206 330240

Typical Analysis

Nutritional Values	per 100g
Energy	2335.7kJ/558.1kcal
Fat	36.7
of which saturates:	21
Carbohydrate:	49.5
of which sugars:	48.3
Protein:	7.6
Salt:	0.2

VH Code 1014486

Dean's Extra Mature Cheddar Cheese Bites 90g



NUTRITIONAL INFORMATION

Typical values	Per 100g
Energy	2318KJ/557kcal
Fat	36.6g
of which saturates	17.6g
Carbohydrate	41.9g
of which sugars	1.7g
Fibre	2.8g
Protein	13.5g
Salt	1.4g

INGREDIENTS

Cheddar Cheese (**Milk**) (29%), Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), **Oatflakes**, Vegetable Margarine (Sustainable Palm Oil, Rapeseed Oil, Water, Salt, Natural Flavouring), Salted Butter (Butter (**Milk**) Salt), Sugar, Salt, White Pepper.

ALLERGY ADVICE

For allergens, including cereals containing gluten, see ingredients in **bold**.

STORAGE

Once opened store in an airtight container. For best before see base of pack.

Brown Bag Crisps West Country Farmhouse Cheddar & Onion Crisps 150g

